

## Creating a Safe and Secure Base for Children

Children need a secure base from which to develop and grow. Ready Set Go (RSG) focuses on supporting the child's family and Early Childhood Service to provide this. RSG works to strengthen parent - child and educator - child relationships as the foundation of practice and intervention. When this secure base is established, RSG supports parents and educators to understand, respond to and nurture the child's development.

Ready Set Go is funded to support families with children 0 – 5 years whom have developmental needs and live in Lismore or Goonellabah. Priority is given for families who:

- are experiencing complex family stressors
- have long term financial hardship or disadvantage
- are Aboriginal or Torres Strait Islander



### Contact Ready Set Go if:

- Your child's talking, learning, playing and behaviour does not seem to be the same as similar aged peers
- You feel you are having difficulty managing your child's behaviour
- You need help to access Early Childhood or health services



Ready Set Go is a Communities for Children Project. Communities for Children in Lismore is funded by the Australian Government and facilitated by YWCA Australia. The service has been delivered since 2005 by Northern Rivers Children's Services Ltd, a non-profit organisation.



## Contact **Ready Set Go!**

**Phone (02) 6626 9033**  
**150 LAUREL AVE, LISMORE.**  
**(PO Box 521, Lismore.) NSW. 2480**  
**Fax. 6622 4226**

**Email: [lindy.obrien@nracs.org.au](mailto:lindy.obrien@nracs.org.au)**

**[www.nracs.org.au](http://www.nracs.org.au)**

Or speak to your child's Early Childhood Educator for more information



**Assessment of Child Development**

**Child Therapy Services**

**Parent Education & Support**

**Transport & Fee Relief**

**A free Service for families**

## Ready Set Go!

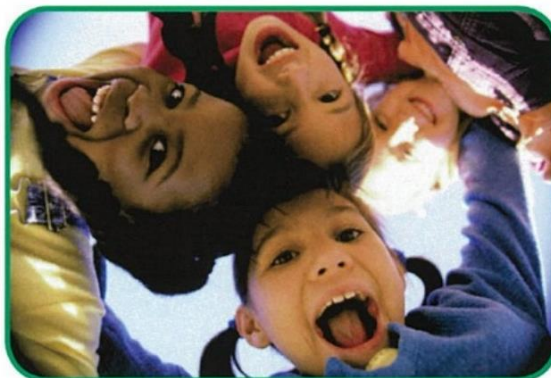
Ready Set Go (RSG) is a relationship based, therapeutic early childhood development and parent support program for families in Lismore and Goonellabah. RSG is committed to working in partnership with parents and Early Childhood Services to support children to develop towards their unique potential. The RSG program encompasses therapeutic child and parent play, parent support and education, speech pathology, occupational therapy, subsidised fees and transport for eligible families. RSG also provides co-ordination between services to collaboratively improve the health, development and well-being of children. Our Aims are:

- To support parents and families of young children to understand and nurture their child's development.
- To provide support for children identified as having additional learning needs.
- To improve the health, development and wellbeing of local children aged 0 - 5 years.
- To support parents to improve family life.
- To assist families to access early childhood education.
- To encourage and advocate for collaboration between early childhood and family support services.



## Ready Set Go!

- Provides families with support and advice about their child's development and early education.
- Provides play-based skills assessments, individual therapy sessions, and group programs to meet the developmental needs of the child.
- Assists families to access local health, family support and housing services through referral and advocacy.
- Assists families to find appropriate early childhood services to suit the individual needs of their child.
- Supports children in Early Childhood Services through the provision of education, training and advice to educators.



## Parent Education & Support

Education and support with understanding child development, guiding behaviour, advocacy and access to other support services.

## Speech Pathology

Assessment and therapy for children who have difficulty with speaking, listening and understanding language. Therapists assist children to develop speech, language and communication skills and partner with parents and educators to increase and improve interactions.

## Occupational Therapy

Assessment and therapy for children to promote their participation in play and everyday activities. Therapists assist children to develop fine motor skills, gross motor skills and support the development of sensory processing and independence with self-care skills (e.g. toileting).

## Access Program

Provides eligible families with subsidised childcare fees and / or transport to early childhood services.